

GRANOLA

2 c. oatmeal
½ c. sunflower seeds
2/3 c. Grape Nuts cereal
2/3 c. raisins
2/3 c. chopped pistachios
½ t. cinnamon
¼ t. salt

2/3 c. light brown sugar
¼ c. apple cider (or any fruit juice of your choosing)

*In a large mixing bowl, toss together dry ingredients (oatmeal through salt).

*In a large skillet, heat together brown sugar & cider over med-high heat until sugar is dissolved, mixture is bubbly & syrup-like consistency. Add dry ingredients and toss until coated and lightly browned.

*Spread onto cookie sheet or flat surface to cool.